

If you have questions or concerns regarding a specific issue or problem that you are having, please contact the Congressman's Portland office at 503 231 2300 or use the [contact form](#) on our website.

Commonly Asked Questions

I was awarded a favorable decision by an Administrative Law Judge but have not received my benefits.

Yes. Occasionally, for one reason or another, benefits are delayed in getting to our constituents. Congress

I have been charged with an overpayment. What are my options?

Overpayments can occur for a variety of reasons. The first option is to appeal the decision that an overp

My disability claim is taking too long to process, can the Congressman expedite it?

No. It is not possible for a Member of Congress to expedite a Social Security disability claim. However, v

General Resources

If you have questions or concerns about Social Security:

[Social Security Administration](#)

If you have questions about health insurance, how to apply, and if you qualify:

[Medicare](#)

[Medicare's Prescription Drug Program](#)

[Oregon Health Plan](#)

[Oregon Medical Insurance Pool](#)

[Senior Health Insurance Benefits Assistance Program \(SHIBA\)](#)

[HealthCare.gov](#)

If you are seeking information about services in our district for seniors or people with a disability:

[Multnomah County Aging and Disability Services](#)

[Clackamas County Social Services](#)

If you are seeking information about senior centers in our district:

[Senior Centers of Multnomah County](#)

[Senior Centers of Clackamas County](#)

If you are looking for information related to disability:

[National Council on Disability](#)

[Oregon Commission for the Blind](#)

[Office of Disability Employment Policy](#)

[Oregon Disability Benefits](#)

[Seniors and People with Disabilities \(OR DHS\)](#)

If you are looking for information related to seniors:

[Administration on Aging](#)

[Eldercare](#)

[Long Term Care/ Ombudsman](#)

[Senior Community Service Employment Program](#)

[Seniors and People with Disabilities \(OR DHS\)](#)